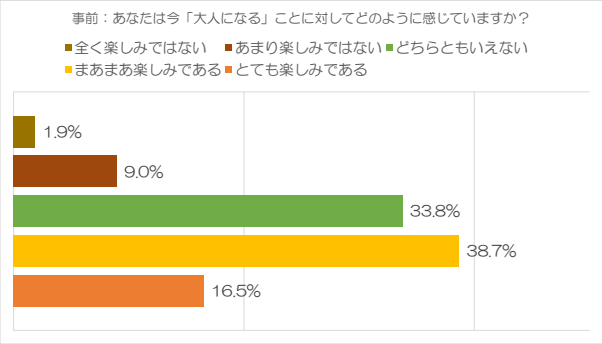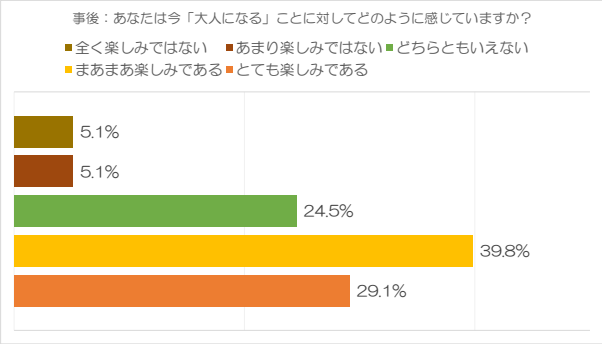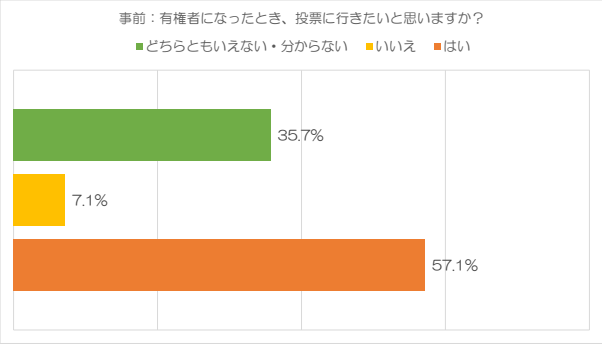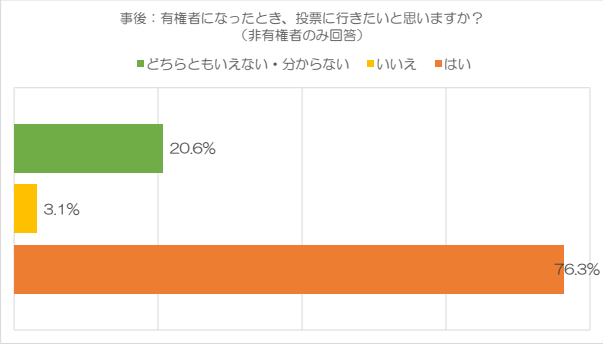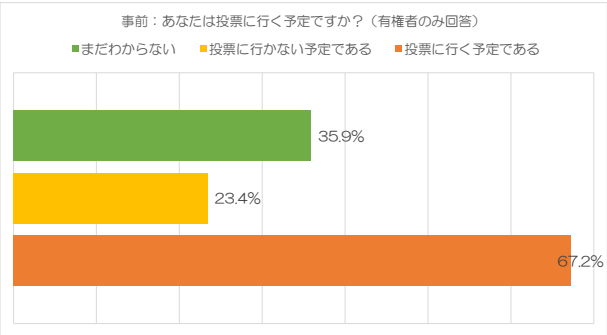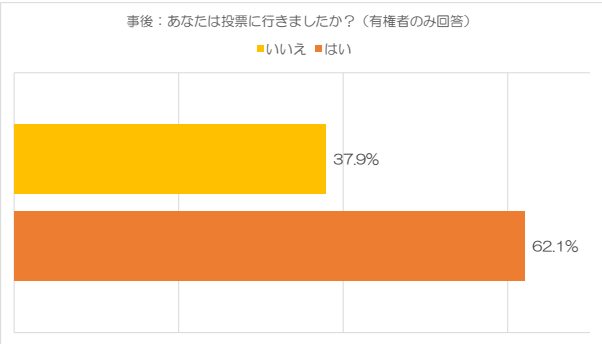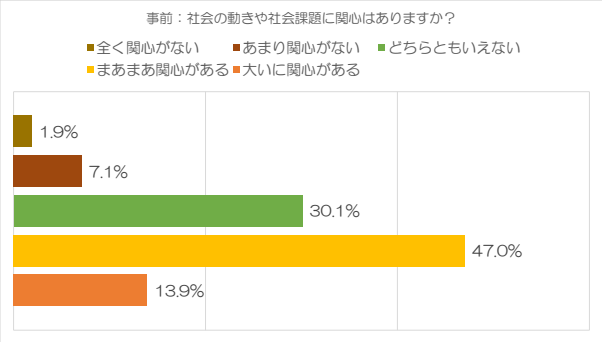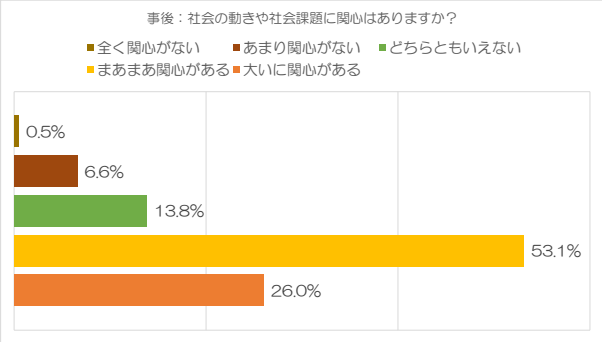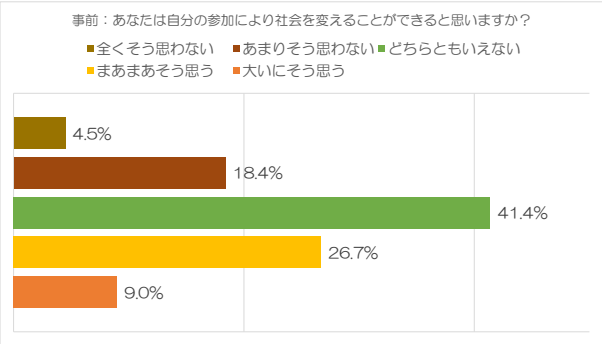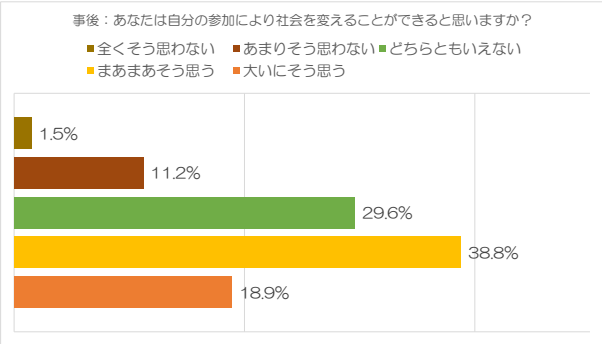「大人になる」事前・事後アンケート統計